## How to get to **barefoot** movement



The 19th Street BART, AC Transit bus, and the B shuttle stations are across the street on Broadway.



Remember to bring a good lock for the bike racks on the street. Sorry, no bikes are allowed in the studio or stairwell.



Downtown Oakland Ambassadors offer safety escort services M-F 7AM-9PM and Saturday 12:30-9PM. Call 510-898-8488 or 510-898-8592.



If you are new to the studio and plan on driving to class, allow some extra time to park. Check out the information and map on this flyer, and ask us for other tips in the studio - we have a few! The information here is our best assessment as of May 2014 and is subject to change. Please let us know if you find anything in the real world that contradicts our map.

## Weekdays:

8AM-6PM street parking is a lucky find! Lots and garages which are more reliable are on the corner of San Pablo and 18th St. (max 4 hours, by credit card), and San Pablo between 16th and 17th St. Note that these lots charge until 9PM. After 6PM street parking is free.

Monday-Saturday before 8AM, after 6PM, and all day Sundays: free street parking.

Saturdays and Sundays: free parking at the city garage on Clay & 15th St. Be sure to check the hours, it gets locked up at night.

Smart phone users can pay and remotely feed cash meters by phone using the Parkmobile app, for a \$0.35 fee. Remember, city regulations and time limits still apply. Learn more at parkmobile.com.



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